

An aerial photograph of a stone-walled enclosure on a grassy hillside overlooking the ocean. The enclosure is built with dark grey stone and has a circular shape with a smaller circular structure inside. The surrounding landscape is green and hilly, with a coastline visible in the distance under a clear sky.

# *Capacitar on the Aran Islands*

## Inis Mór,

### 23<sup>rd</sup> – 25<sup>th</sup> June 2023

Join Deirdre Ní Chinneide and Aiveen Mullally for a restorative space of Capacitar practice and spirituality on the island of Inis Mór. Held in the depths of the spirit of the Celtic Christian landscape, we will weave together a tapestry of movement, listening, silence and sound. The Aran Islands with its unique culture, spirituality and natural beauty provides a special setting for this retreat which includes visits to local sites of interest.

Venue: *Slí Aonghusa* Retreat Centre, Inis Mór

Cost: €390, includes accommodation, meals, workshops and all transport on the island.

Places are limited. Register a place by emailing Deirdre [deidrenichinneide7@gmail.com](mailto:deidrenichinneide7@gmail.com) Deposit of €100.

Early bird of €370 before June 1st. Closing date June 10<sup>th</sup>.



***Deirdre Ni Chinneide** is a licensed psychotherapist, spiritual director, retreat and workshop facilitator presenting throughout Ireland, the United States, Australia and Europe. She divides her time between the Aran Islands, the mainland, Australia and USA, offering retreats, workshops and performances of spiritual music.*



***Aiveen Mullally** is a lecturer at Marino Institute of Education in religious education and spirituality of the child. She is a qualified psychotherapist, workshop facilitator and tutor for Capacitar Ireland.*